



Paignton Sailing Club

Sailing Instructions



18ft Skiff UK National Championships

Paignton Sailing Club (PSC), South Quay, Paignton Harbour, Devon, TQ4 6DT
Saturday 16th July 2016 – Monday 18th July 2016

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The 18ft Skiff UK class rules and PSC bylaws will also apply.
- 1.3. All competitors shall be members of 18ft Skiff Class Association UK or in the case of overseas competitors they shall be members of their local 18ft Skiff Class Association.
- 1.4. Boats may touch a mark, other than a starting and finishing marks, without a penalty. This changes Rule 31.
- 1.5. Rule 44 is modified from a 720° to a 360° turn penalty to include one tack and a gybe. If the penalty is incurred whilst sailing downwind with the spinnaker flying, the penalty shall be taken before rounding the leeward mark, or if approaching the finishing line to finish, before crossing the finishing line.
- 1.6. Rule 41 is modified to allow verbal outside assistance from coach and support boats. The following exception should be added to Rule 41
 - e) solicited or unsolicited verbal information from any coach or support boat.
- 1.7. When competitors are ashore all boats shall be upright and rigged 45 minutes before the warning signal of the first scheduled race. Once standing a boat may not roll over until all competitors wishing to go afloat have done so, at which time this rule is suspended. Boats failing to comply with this rule shall be disqualified from competing in the first race following a period ashore, but may compete in subsequent races. This rule applies at the beginning of each day and at any time when boats are required to return to shore under postponement. This changes rule 63.1.

2. Notice To Competitors

- 2.1. Notices to competitors will be posted on the official notice board located in the main club room on the first floor of Paignton Sailing Club.

3. Changes To Sailing Instructions

- 3.1. Any change to the sailing instructions will be posted at least sixty minutes before the start of the first race affected on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed on the flag pole on top of Paignton Sailing Club.
- 4.2. Signals may also be displayed on the South Green but these are indicative only and sailors are advised to check the main flag pole. Errors, contradictions or anomalies made on this secondary pole will not be grounds for redress. This changes Rule 62.1(a).
- 4.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.
- 4.4. Adequate personal buoyancy shall be worn by all competitors whilst afloat or on the foreshore near the water. Flag Y will not be flown. Lifejackets without permanent buoyancy shall be suitably inflated. Wet or dry suits are not adequate personal buoyancy. This changes Rule 40.
- 4.5. Flag R with a sound signal means 'The warning signal will be made not less than 45 minutes after R is displayed'. (Boats are requested not to leave the slipway until this signal is made).

5. Schedule Of Races

- 5.1. Competitors' briefing will take place at 11:00 on Saturday 16th July 2016.
- 5.2. Racing:

Date:	First warning signal	Number of races:
Saturday 16 th July	13:00	4 back-to-back
Sunday 17 th July	13:00	4 back-to-back
Monday 18 th July	11:00	4 back-to-back



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- 5.3. Races may be run ahead of schedule to account for adverse weather conditions at the Race Committee's discretion.
- 5.4. No more than 12 races will be sailed throughout the championship.
- 5.5. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. Class Flags

- 6.1. The class flag shall be the class insignia.

7. Racing Areas

- 7.1. Attachment A shows the location of the racing area.

8. The Courses

- 8.1. The diagrams in Attachment B (published as a separate document) will show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the race committee signal boat will display the course using the abbreviations indicated on this document. The approximate compass bearing to the windward mark may also be displayed.

9. Marks

- 9.1. All rounding marks will be cylindrical orange pillar buoys.
- 9.2. New marks, as provided in SI 12.1, will be cylindrical yellow pillar buoys.
- 9.3. The start and finish marks will be the committee boat at the starboard end and either a dan-buoy or boat, displaying an orange flag at the port end. The start and finish marks may move between the start and the finish.

10. Areas That Are Obstructions

- 10.1. No boat shall pass between the East Cardinal mark off Roundham head (see Attachment A) and the shore before, whilst or after racing.

11. The Start

- 11.1. The starting line will be between the masts displaying the orange flags on the starting marks.
- 11.2. A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.
- 11.3. If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. This changes Rule 26 and A5. When flag U is used as the preparatory signal, Rule 29.1 does not apply. The scoring abbreviation for a flag U penalty is UFD. This changes Rule A11.

12. Change Of The Next Leg Of The Course

- 12.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position or lay a new mark. When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. The Race Committee may move a mark (or the finishing line) up to 100m without signalling the change. This changes Rule 33. If a new mark is laid, the change will be signalled.

13. The Finish

- 13.1. The finishing line will be between the masts displaying the orange flags on the finishing marks.
- 13.2. Boats may be finished on the course. Flag W will be displayed and the boat's sail number called. This changes Rule 35. Boats finished under this rule shall be given a finishing place after all boats which have finished or are ahead of her on the course at the time.

14. Penalty System – not applicable



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15. Time Limits And Target Times

- 15.1. The target time for each race is 30 minutes. Failure to meet the target time will not be grounds for redress. This changes Rule 62.1(a).
- 15.2. If no boat has reached the first mark within 20 minutes the race shall be abandoned. This shall not be grounds for redress. This changes Rule 62.1(a).
- 15.3. The time limit is 60 minutes (See Rule 35)
- 15.4. Any boat that does not finish within 15 minutes of the first boat that finishes shall score DNF without a hearing. This changes Rule 63.1 and A5.

16. Protests And Requests For Redress

- 16.1. Protest forms are available in the Race Office on the second floor of Paignton Sailing Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2. The protest time limit is 60 minutes after the last boat comes ashore after the last race of the day or 60 minutes after the Race Committee signals no more racing today, if the fleet are already ashore.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses. Hearings will be held in the protest room, located on the second floor of Paignton Sailing Club.
- 16.4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b).
- 16.5. Breaches of SI 18, 21, 23, 24 and 27 will not be grounds for a protest by a boat. This changes Rule 60.1(a).
- 16.6. On the last scheduled day of racing a request for reopening a hearing shall be delivered
a within the protest time limit if the requesting party was informed of the decision on the previous day;
b no later than 30 minutes after the requesting party was informed of the decision on that day. This changes Rule 66.
- 16.7. On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.

17. Scoring

- 17.1. 3 races are required to be completed to constitute a series.
- 17.2. A boat's series score shall be the sum of her race scores, excluding her worst scores as listed below:

Races completed	Scores excluded
1 – 3	0
4 – 8	1
9 - 12	2

18. Safety Regulations

- 18.1. All competitors will receive a tally number at the beginning of the event. Before going afloat at any time during the event, all competitors must take the tally band corresponding to that number and wear it on their wrist ensuring it is visible at all times. No longer than 15 minutes after returning ashore at any time during the event, all competitors must return their tally band to the board. The tally board will be located near the slipway used for launching.
- 18.2. A boat that retired from a race shall notify the race committee as soon as possible and complete a declaration form within 30 minutes of coming ashore to be found by the tally board.

19. Replacement Of Crew Or Equipment

- 19.1. Substitution of competitors will only be allowed at the discretion of the race committee.
- 19.2. All boats must display on their mainsail their own sail number with which they were entered, except by prior permission of the Race Committee.

20. Equipment And Measurement Checks

- 20.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.



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21. Event Advertising

21.1. Event sponsors advertising may be supplied and required to be displayed in a position to be specified at registration.

22. Official Boats

22.1. Official boats may fly a flag designating their purpose.

23. Support Boats

23.1. Support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

23.2. Support boats must register before going afloat on the first day of the event in the race office on the second floor of Paignton Sailing Club where they may be given a flag designating their purpose. If they are given a flag, they shall be required to display it at all times whilst afloat.

24. Trash Disposal

24.1. Litter may be placed aboard support or official boats.

25. Haul-out Restrictions – Not Applicable

26. Diving Equipment And Plastic Pools – Not Applicable

27. Radio Communication

27.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

28. Prizes

28.1. Prizes shall be awarded at the discretion of the Organising Authority and the Class Association.

29. Disclaimer Of Liability

29.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

30. Insurance

30.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per incident or the equivalent.



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Attachment A:

Chart showing the boundaries of Tor Bay harbour in which a race course may be set.

